Preoperative Anemia

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CLEVELAND CLINIC HEALTH SYSTEM

CLEVELAND, OH

Objectives

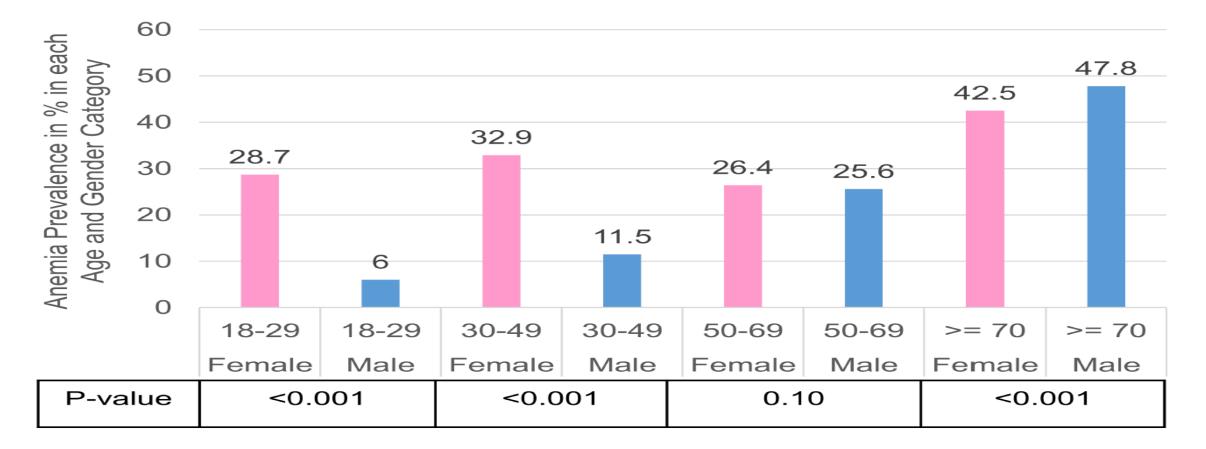
Data analysis for current and future state

Consider models for care delivery

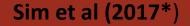
Constructing a workflow

Disclosures: None

Incidence Preoperative Anemia



Age and Gender Categories



Distribution of Preoperative Anemia

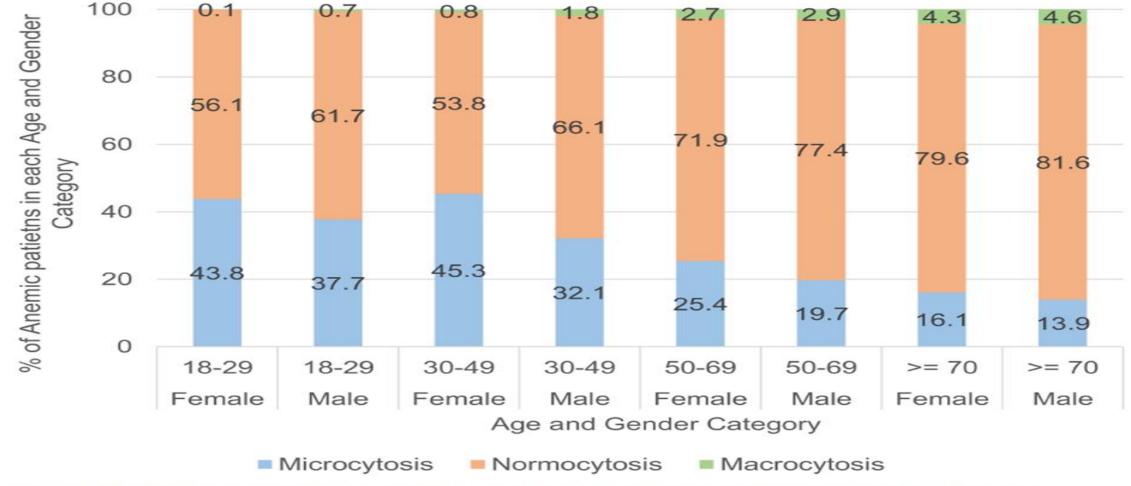


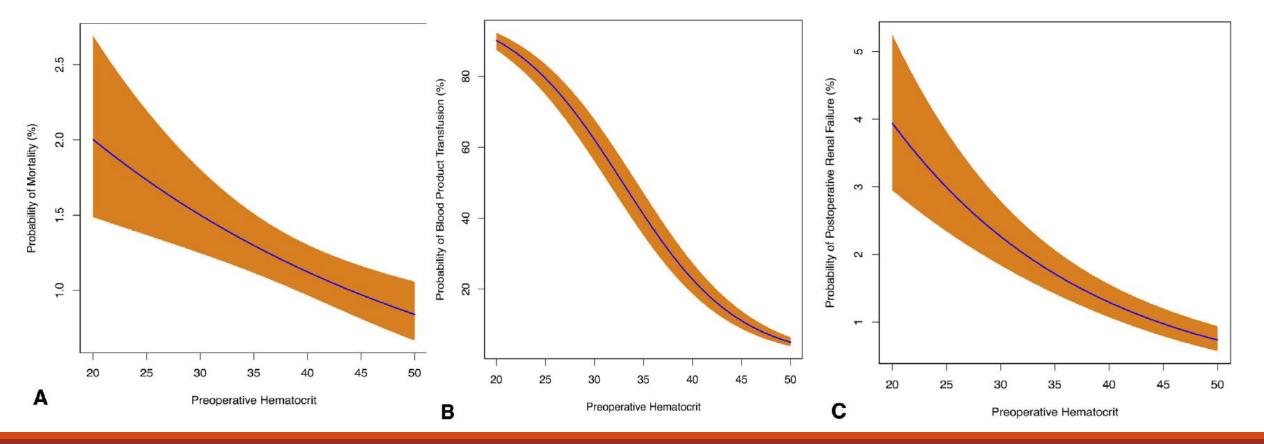
Fig 3. Distribution of microcytosis, normocytosis, macrocytosis in anemic patients of various age and gender groups.

Sim et al (2017*)

Preoperative anemia versus blood transfusion: Which is the culprit for worse outcomes in cardiac surgery?



Damien J. LaPar, MD, MSc,^a Robert B. Hawkins, MD, MSc,^a Timothy L. McMurry, PhD,^a James M. Isbell, MD, MSCI,^a Jeffrey B. Rich, MD,^b Alan M. Speir, MD,^c Mohammed A. Quader, MD,^d Irving L. Kron, MD,^a John A. Kern, MD,^a and Gorav Ailawadi, MD,^a Investigators for the Virginia Cardiac Services Quality Initiative



J Thor CV Sg (2018) doi.org/10.1016/j.jtcvs.2018.03.109

Preoperative anaemia and postoperative outcomes in non-cardiac surgery: a retrospective cohort study

Khaled M Musallam, Hani M Tamim, Toby Richards, Donat R Spahn, Frits R Rosendaal, Aida Habbal, Mohammad Khreiss, Fadi S Dahdaleh, Kaivan Khavandi , Pierre M Sfeir, Assaad Soweid, Jamal J Hoballah, Ali TTaher, Faek R Jamali

N = 227 425 patients (69 229 preoperatory anemia)

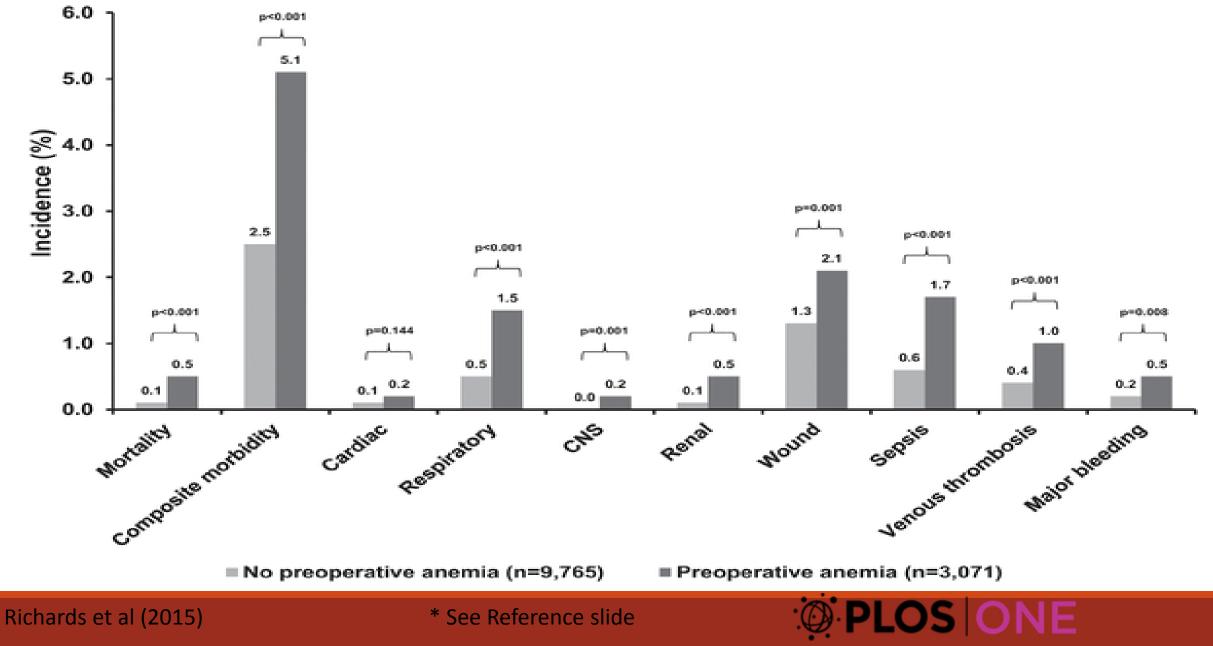
Postoperative mortality (30 days) (OR 1.42, 95% CI 1.31-1.54)

- Mild Anemia (OR 1.41, 1.30-1.53)
- Moderate-severe Anemia (OR 1.44, 1.29-1.60)

Postoperative morbidity (30 days) (OR 1.35, 1.30-1.40)

- Mild Anemia (OR 1.31, 1.26-1.36)
- Moderate-severe Anemia (1.56, 1.47-1.66)
 - Preoperative anemia is associated with increased postoperative morbidity and mortality





Synthesis of Evidence

Preoperative anemia as predictor of transfusion risk

Preoperative anemia as modifiable risk factor

Decrease transfusion requirements = lower complication rates

Transfusion and increased LOS

Transfusion dose-dependent risk

Prolonged postoperative anemia



How to Develop a Preoperative Anemia Clinic (PAC)

Evidence of opportunity

Business plan

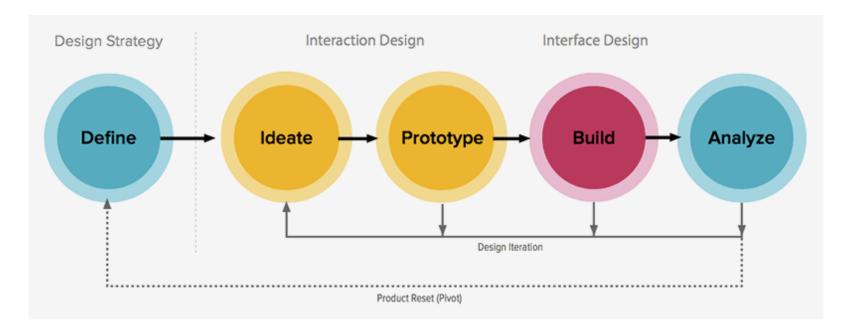
Guidelines & algorithm

Workflow

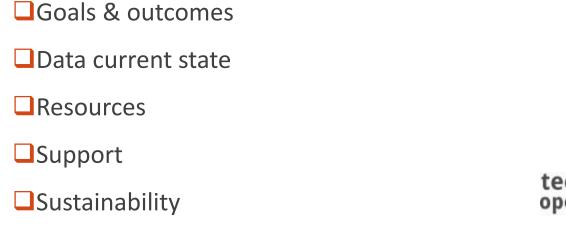
□ Pre-implementation

Launch

Results



Feasibility & Defining Scope







Transfusion & Anemia Rates

penter Name	Inpatient Encounter	Inpatient Encounter with Transfusion	Transfusion Rate	RBC Units Per Patient	Pre- surgical Anemia Rate	Red Blood Cell Units
Colorectal Surgery	3113	394	12.66%	3.20	28.38%	1309
Gastroenterology & Hepatology	2327	452	19.42%	2.96	26.73%	1308
General Surgery	3762	725	19.27%	6.23	23.00%	4313
Obstetrics & Gynecology	869	226	26.01%	3.04	40.26%	725
Orthopedic Surgery	2677	541	20.21%	3.05	21.83%	1613
Spine	1162	175	15.06%	2.98	15.31%	514
Thoracic & Cardiovascular Surgery	5682	2380	41.89%	5.50	14.47%	13141
Urology	2170	339	15.62%	3.42	20.23%	1129
Vascular Surgery	1606	501	31.20%	4.14	18.88%	2051

Transfusion Rate is percentage of RBC transfused inpatient encounters, RBC units per patient is average unit per transfused patient, pre-surgical anemia rate = numerator number of patients with a hemoglobin of 12.5 or below within 30 days prior to date of surgery with denominator total number of surgical patients with an outpatient hemoglobin value 30 days prior to date of surgery.

Tolich D "Business plan or proposal," Preoperative Anemia Management, Bethesda: AABB Press, 2019. 7-15. Print.

Name, Encounter, Transfusion

Center Name	Inpatient Encounter	Inpatient Encounter with Transfusion
Colorectal Surgery	3113	394
Gastroenterology & Hepatology	2327	452
General Surgery	3762	725
Obstetrics & Gynecology	869	226
Orthopedic Surgery	2677	541
Spine	1162	175
Thoracic & Cardiovascular Surgery	5682	2380
Urology	2170	339
Vascular Surgery	1606	501

Surgical patient total volume & volume that received RBC transfusion

Transfusion Rate

Center Name	Transfusion Rate	
Colorectal Surgery	12.66%	
Gastroenterology & Hepatology	19.42%	TX Rate =
General Surgery	19.27%	Number of RBC Transfused Pts. (N)
Obstetrics & Gynecology	26.01%	Divided by
Orthopedic Surgery	20.21%	Total Number of Pts. (D)
Spine	15.06%	
Thoracic & Cardiovascular Surgery	41.89%	
Urology	15.62%	
Vascular Surgery	31.20%	

Avg. RBC Units Per Patient

Center Name	RBC Units Per Patient
Colorectal Surgery	3.20
Gastroenterology & Hepatology	2.96
General Surgery	6.23
Obstetrics & Gynecology	3.04
Orthopedic Surgery	3.05
Spine	2.98
Thoracic & Cardiovascular Surgery	5.50
Urology	3.42
Vascular Surgery	4.14

Avg. RBC per Patient = Total RBC Units (N) Divided by Number of Pts. w/ Transfusion (D)

Pre-surgical Anemia Rate

Center Name	Pre- surgical Anemia Rate	Percentage of surgical Pts. w/ hemoglobin 12.5 or below up to 30 days prior
Colorectal Surgery	28.38%	to DOS
Gastroenterology & Hepatology	26.73%	
General Surgery	23.00%	
Obstetrics & Gynecology	40.26%	
Orthopedic Surgery	21.83%	
Spine	15.31%	
Thoracic & Cardiovascular Surgery	14.47%	
Urology	20.23%	
Vascular Surgery	18.88%	

Financial Impact

4.0 Sample Financial Projections

++

Center Name	Encounter	Encounter with Transfusion	Transfusion Rate	RBC/ TX. Patient	Anemia Rate	RBC	Potential Anemia Volumes*	Est. Revenue 25% treated	Acquisition Cost Savings
Colorectal Surgery	3113	394	12.66%	3.2	28.38%	1309	883	\$132,450	\$26,180
Gastroenterology & Hepatology	2327	452	19.42%	2.96	26.73%	1308	622	\$93,300	\$26,160
General Surgery	3762	725	19.27%	6.23	23.00%	4313	865	\$129,750	\$86,260
Obstetrics & Gynecology	869	226	26.01%	3.04	40.26%	725	350	\$52,500	\$14,500
Orthopedic Surgery	2677	541	20.21%	3.05	21.83%	1613	584	\$87,600	\$32,260
Spine	1162	175	15.06%	2.98	15.31%	514	178	\$26,700	\$10,280
Thoracic & Cardiovascular Surgery	5682	2380	41.89%	5.5	14.47%	13141	822	\$123,300	\$262,820
Urology	2170	339	15.62%	3.42	20.23%	1129	439	\$65,850	\$22,580
Vascular Surgery	1606	501	31.20%	4.14	18.88%	2051	303	\$45,450	\$41,020
Total or Avg.	23368	5733	22.37%	3.84	23.23%	26103	5047	\$756,900	\$522,060
*Potential anem ia volum es= anem ia :	ratex encount	ter volum e,							

Assumptions= average contribution margin for iron sucrose 300 mg infusion technical services \$200 (infusion) IV push will be less, estimate average 3 visits Reduction in RBC transfusion 10% of stated utilization, acquisition cost \$200

Tolich D "Business plan or proposal," Preoperative Anemia Management, Bethesda: AABB Press, 2019. 7-15. Print.

Potential Treatment Pool

Center Name	Encounter	Anemia Rate	Potential Anemia Volumes
Colorectal Surgery	3113	28.38%	883
Gastroenterology & Hepatology	2327	26.73%	622
General Surgery	3762	23.00%	865
Obstetrics & Gynecology	869	40.26%	350
Orthopedic Surgery	2677	21.83%	584
Spine	1162	15.31%	178
Thoracic & Cardiovascular Surgery	5682	14.47%	822
Urology	2170	20.23%	439
Vascular Surgery	1606	18.88%	303
Total or Avg.	23368	23.23%	5047

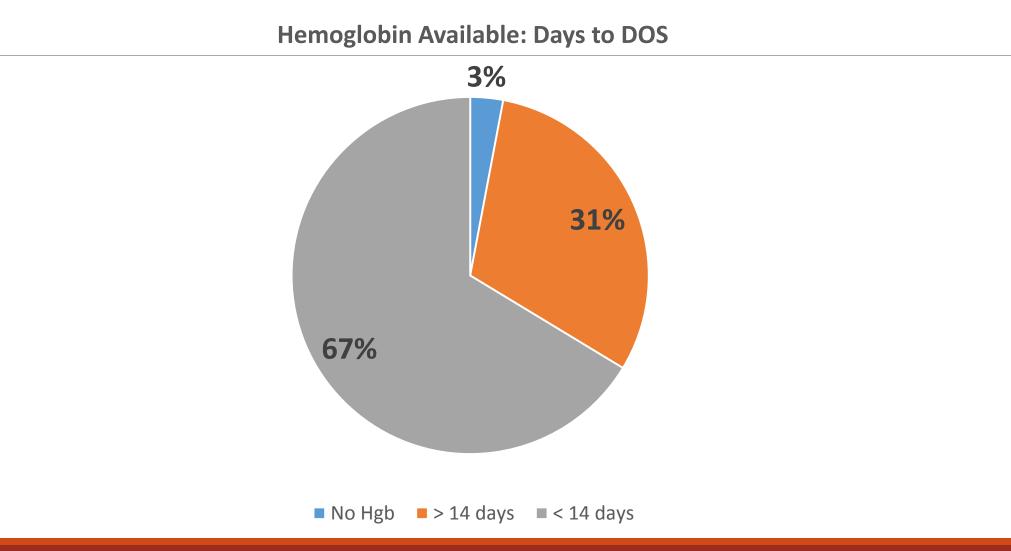
Potential Anemia Volume = Total Encounters X Anemia Rate

Financial Estimates

- A) Determine a percentage of "Potential"
 B) List several i.e. 10%, 20% etc.
- Medication revenue
 A) Formulary IV iron & EPO
 B) Avg. revenue for both med & technical
- Reduction in RBC Utilization
 - A) Optional
 - B) Literature suggests 40%
 - C) Conservative = 5-15%

Potential Anemia Volumes*	Est. Revenue 25% treated	Acquisition Cost Savings
883	\$132,450	\$26,180
622	\$93,300	\$26,160
865	\$129,750	\$86,260
350	\$52,500	\$14,500
584	\$87,600	\$32,260
178	\$26,700	\$10,280
822	\$123,300	\$262,820
439	\$65,850	\$22,580
303	\$45,450	\$41,020
5047	\$756,900	\$522,060

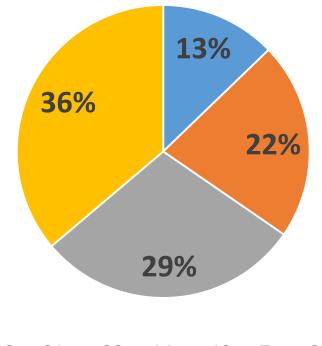
Timing of Hemoglobin



Example from Cleveland Clinic Blood Management Program

Timing of Pre-Anesthesia Visit

Pre-Anesthesia or Testing Visit to DOS



■ 30 to 21 ■ 20 to 14 ■ 13 to 7 ■ 6 to 1

Example from Cleveland Clinic Blood Management Program

It takes a TEAM

Project Roles: Executive sponsor, Team Leader, Process Owners, IT Liaison

Active in workflow

Controllers of resources

Impacted by outcomes/workflows

□Late adopters/ resisters

Tools of the Trade

Implementation Plan (Macro)

REOPERATIVE ANEMIA CLINIC WORKPLAN

Phases	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	
Phasel													
Define scope													
Collect/analyze data													
Financial impact													
Prepare Business Plan/proposal													
Leadership Approval & Support													
Phase II													
Assemble Team & Stakeholders													
Establish Guidelines & Algorithms													
Evaluate & Finalize Model													
Phase III (Pre-Implementation)													
Build, Test, Validate ITD													
Documents & Materials													
Communication Plan													
Education & Training													
Phase IV (Implementation)													
Golive													
Measure & Evaluation													
Phase V													
Evaluation													
ProcessImprovement													
Report Outcomes													

Task List (Micro)

PREOPERATIVE ANEMIA TASK LIS

Executive Sponsor: MT

Team Leader: DT

⊕Project Manager: NF

TASK	ASSIGNED	Due	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	0ct	Nov	Dec
Collect & Analyze Data	KM	Jan												
Obtain Financial Impact Data	JS	Jan												
Prepare Business Plan	DT/MA	Mar												
Review BP with section leadership	MA													
Present to Leadership	MA	May												
Create Stakeholder and Core Team	MA/DT	May												
Schedule Team Meetings (frequency)	NF	May												
MeetingAgendas	NF					Х								
Team Analysis (use Tool)	CORE	Apr												
Guidelines: (by Section)														
Blood Product Criteria	TM													
Emergency Release/CONABO	NQ													
Blood Not an Option	SS													
Differential DX Chart	SM													
Preop Anemia	SM, DT,													
	MA, KM													
Observe target clinic workflows	CC, KM, DW													
Create EPIC referral/order set														
Develop EPIC BPA for anemia														
·														

Setting Clinical Parameters

SETTING UP A PERIOPERATIVE ANAEMIA PATHWAY

PATIENTS AT RISK OF >500ML BLOOD LOSS Define eligibility

Identify exclusions

Assessment & Treatment guideline

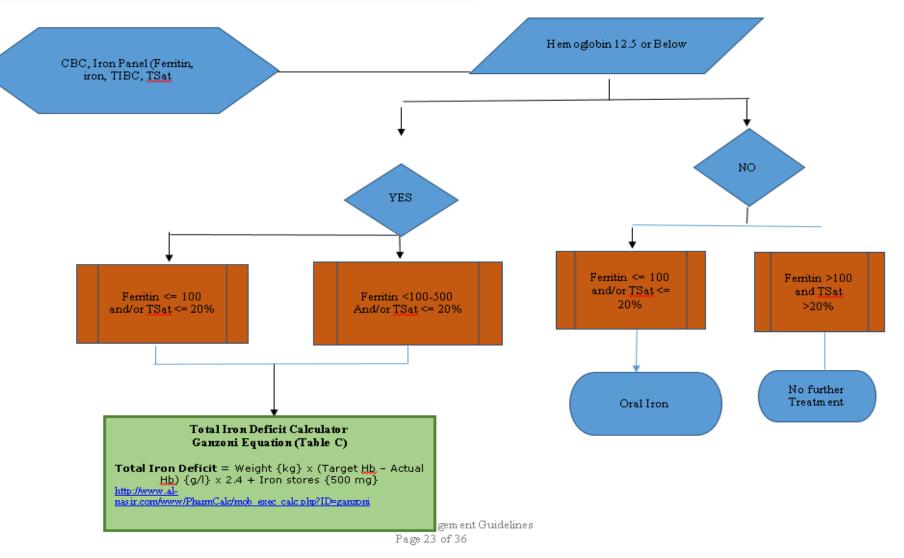
□ Treatment algorithms

Resources

Algorithms

TABLE A. IRON DEFICIENCY, PRESURGIAL (OUTPATIENT)

Recommendations are not meant for use in patients with known blood disorders



Tolich D "Guidelines and algorithms." Preoperative Anemia Management, Bethesda: AABB Press, 2019, 31-35. Print

Model

Anesthesia

Hematology

Infusion Center

Pathology

PBM or designated provider(s) (LIP)

Pharmacy

Hospitalist

Old, New & In Between

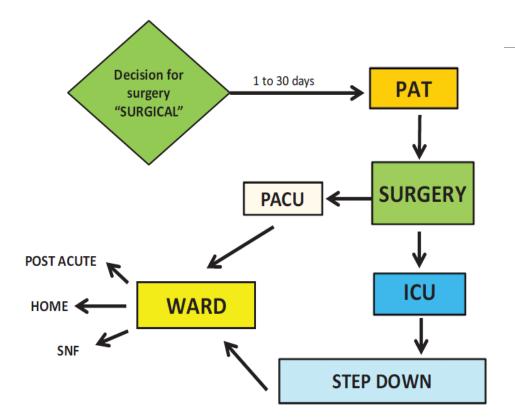


Figure 1. Old paradigm of pathway to surgery after declaration of surgery is made. ICU indicates intensive care unit; PACU, postoperative care unit; PAT, preanesthesia testing; SNF, skilled nursing facility.

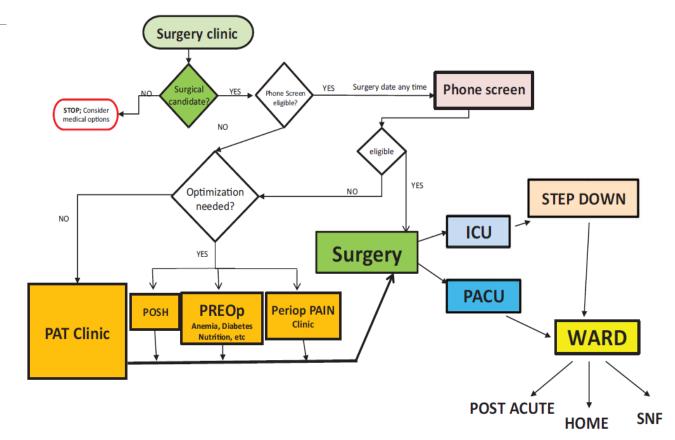
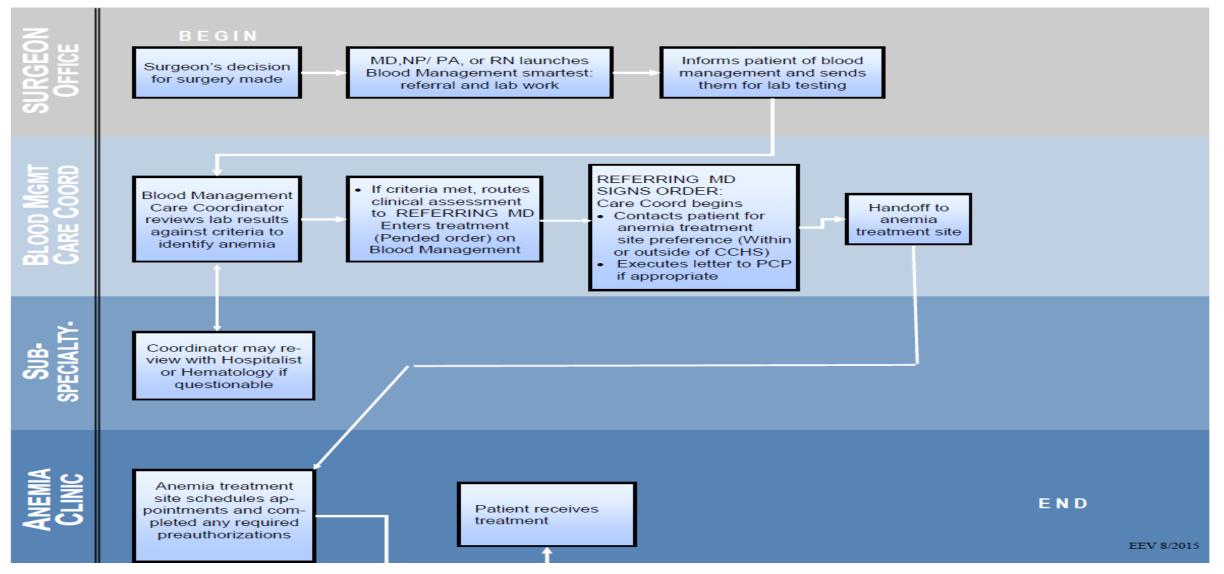


Figure 2. POET process from surgery contemplation to PREOp. POET indicates perioperative enhancement team; PREOp, perioperative risk evaluation and optimization.

Aronson et al, 2018*

*See reference slide

Workflow



McCoy D, Tolich D "Workflow: The nuts and bolts," Preoperative Anemia Management, Bethesda: AABB Press, 2019. 37-43. Print.

Pre-implementation

□ Approvals & Awareness

Document & Material Procurement

Communication Plan

Education & Training

□ Maintenance

- 1. Organizational Awareness and Approval
 - Identify key stakeholders and committees needed to approve the initiative and policy.
 - Obtain buy-in; begin to get included in meeting agendas for approval.
 - Update various key stakeholders and leadership.
 - Finalize implementation date "Go Live" date. California hospitals are encouraged to adopt the standardized emergency codes by January 1, 2010.
 - Approve policy and implementation plan.

2. Documents and Materials Procurement

- Develop training forms and communication materials and obtain organizational approval for forms if necessary.
- Work with materials management to have the necessary posters, phone stickers, badge buddies and other materials available prior to the "Go Live" date.
- Maintain a surplus supply of materials for post "Go Live" date needs.

3. Communication Plan

- Draft a letter from the CEO or other senior leadership to physicians and staff.
- Publish articles for the employee newsletter.
- Create e-mails and send to the staff periodically leading up to the "Go Live" date.
- Distribute posters for training.
- Distribute badge buddies to trainers.
- Update new hire orientation education materials.
- Identify and set up briefings for external providers (e.g., fire, EMS, etc...)

4. Educations & Training Plan

- Identify trainers and schedule train-the-trainer sessions.
- Familiarize yourself/trainer with training content and tools (PowerPoint presentation, emergency codes document, policy, training competency).
- Identify session preferences (e.g., day/time/length) for medical and patient care staff/units, managers, practice councils and quality groups.
- Schedule presentations with various groups within the hospital like physicians, nursing practice council, etc...
- Schedule meetings with managers and educators.
- Schedule in-service for staff to update on new emergency codes.
- Share new emergency codes at staff meetings, safety meetings, and all new hospital personnel orientation meetings.

Setting Targets

•Anemia Clinic Initial Targets Orthopedics anemia rate 21.83%, average monthly surgeries 440, approximately 96 anemic per month, Total number of surgeons 14.

			Target Volume	Target Volume
Launch Month	Target Referrals	Target Treated	IV Iron	EPO
Month 1- 5%	22	6	20	2
Month 2- 10%	44	11	40	4
Month 3- 15%	66	17	60	6
Month 4- 20%	88	22	80	8
Month 5-25%	110	28	100	10
Month 6- 30%	132	33	120	12

Tolich D "Measuring and evaluating." Preoperative Anemia Management, Bethesda: AABB Press, 2019. 51-61. Print.

Monitoring

A • -	A• -	Clinic	Anemia	NJ	C
Anemia Rate	Anemic Patients	s s	Treated	Number of Treatments	Surgical Volume
29.20%	10	3	2	3	36
24.30%	10	2	2	6	42
19.50%	5	0	0	0	26
35.20%	17	10	6	14	47
27.40%	9	4	3	9	35
15.60%	3	0	0	0	18
	54	19	13	32	204
	29.20% 24.30% 19.50% 35.20% 27.40%	RatePatients29.20%1024.30%1019.50%535.20%1727.40%915.60%354	RatePatientss29.20%10324.30%10219.50%5035.20%171027.40%9415.60%3054	RatePatientssTreated29.20%103224.30%102219.50%50035.20%1710627.40%94315.60%300541913	RatePatientssTreatedTreatments29.20%1032324.30%1022619.50%500035.20%171061427.40%943915.60%300054191332

Tolich D "Business plan or proposal," Preoperative Anemia Management, Bethesda: AABB Press, 2019. 7-15. Print.

Challenges: Screening

Physician referral

- Relies on surgeon or designee to refer
- Poor predictors of anemia
- Not all patients schedule at time of surgical consult

Potential Solutions:

Automation

Create logic to flag patients based upon specific parameters



Challenge: Time to Treat

□Short time to surgery

Pre-authorization

□Infusion scheduling



Potential Solutions:

- Deep dive into avg. service line surgical decision to DOS
- Explore automation or internal resources to expedite turn around
- □ Brain storm with infusion centers
- □ Explore additional infusion locations

Challenge: Automation & EHR

Embed into consult notes

Pre-checked ordersets

Electronic Alerts

□Logic generated reports



Expansion

High-Risk OB

Menorrhagia (non-surgical)

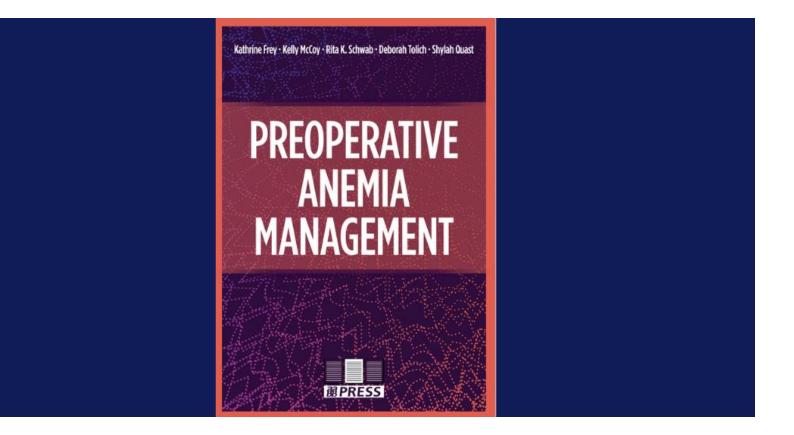
□GI – non-surgical inflammatory bowel, home TPN, chronic malabsorption

GU

□ Head & Neck – radical neck, free flaps



Thank You!



Supplemental Materials

	Totally Disagree 1	Somewhat Disagree 2	Unsure 3	Somewhat Agree 4	Totally Agree 5
Team members understand goals and objectives clearly, and they are committed to them.	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Everyone participates and is heard in group discussions.	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc
The team demonstrates effective decision making.	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc
The team makes clear work assignments and team members know what they should do.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Communication is open and honest.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Problems and conflicts are not swept under the rug. The team works through them openly.	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc
There are no hidden agendas, and people feel comfortable being honest.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Team members are accountable for their results and meet deadlines.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Members support each other, even if someone makes a mistake.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Team members are comfortable trying new things and taking risks.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
The team atmosphere is comfortable and enjoyable.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Meetings are well run and productive.	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc

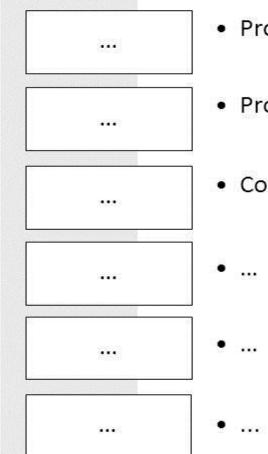
Example of Team member assessment:

https://www.smartsheet.com/allabout-team-assessments

ILLUSTRATIVE – TO BE ADAPTED TO COUNTRY

Capacity assessment team

Team member Role

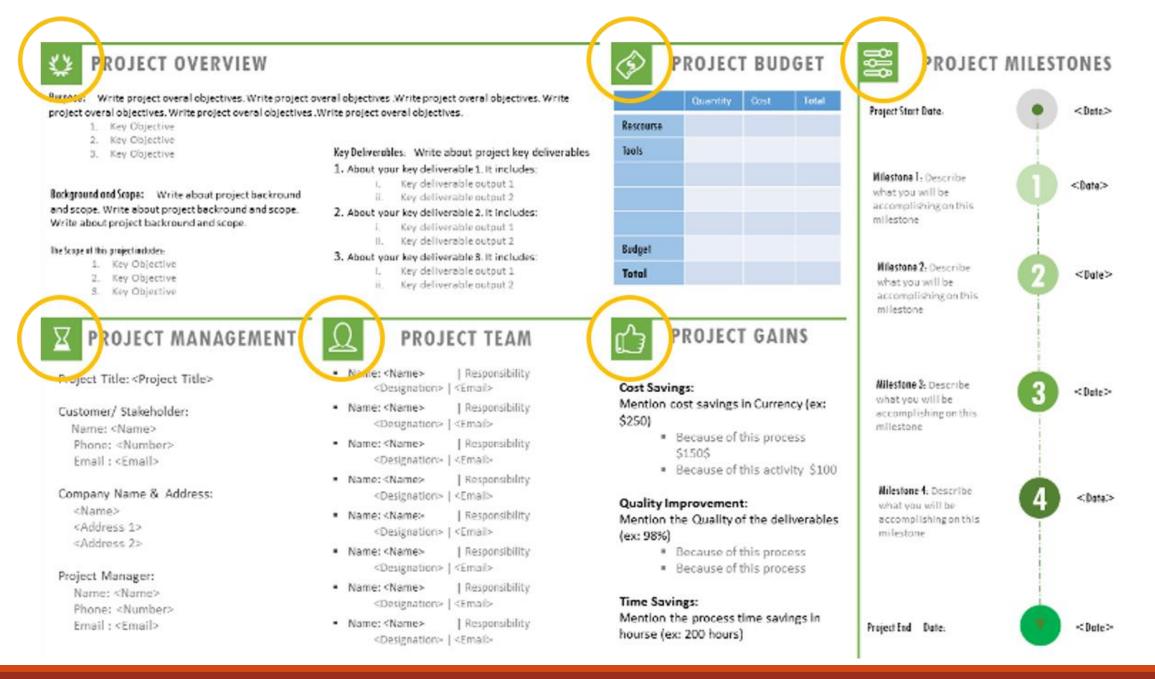


- Project director
- Project manager ...

• Consultant ...

Add in Traits both positive and negative:

Examples: has good ideas, tends to talk too much at meetings, disruptive, effective leader and influencer



https://analysistabs.com/project/management/powerpoint-templates/charter/

Pre-operative haemoglobin levels and iron status in a large multicentre cohort of patients undergoing major elective surgery*

M. Muñoz,¹ M. J. Laso-Morales,² S. Gómez-Ramírez,³ M. Cadellas,⁴ M. J. Núñez-Matas⁵ and J. A. García-Erce⁶

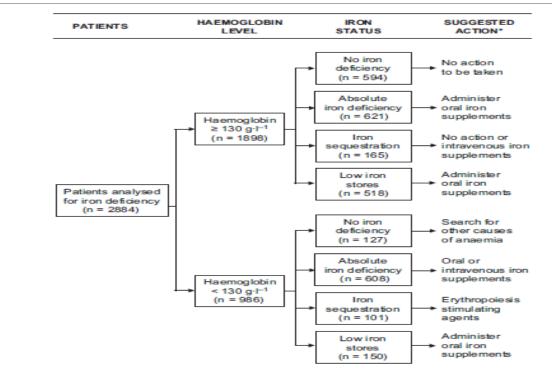


Figure 2 Patients' classification, according to pre-operative haemoglobin levels and iron status, and *suggested actions to be taken, as per a recent international consensus statement [18]. Absolute iron deficiency defined by ferritin < 30 μ mJ⁻¹ or ferritin 30–100 μ mJ⁻¹, plus transferrin saturation < 20% and/or C-reactive protein > 5 mgJ⁻¹; low iron stores defined by ferritin 30–100 μ mJ⁻¹, plus transferrin saturation < 20% and/or C-reactive protein > 5 mgJ⁻¹; low iron stores defined by ferritin 30–100 μ mJ⁻¹, plus transferrin saturation < 20% and/or C-reactive protein > 5 mgJ⁻¹; low iron stores defined by ferritin 30–100 μ mJ⁻¹, plus transferrin saturation > 20%.

Munoz, Laso-Morales, Gomez-Ramirez et al. (2017) Pre-operative haemoglobin levels and iron status in a large multicenter cohort of patients undergoing major elective surgery. Anesth, 72 doi.10.1111/anae.13877.

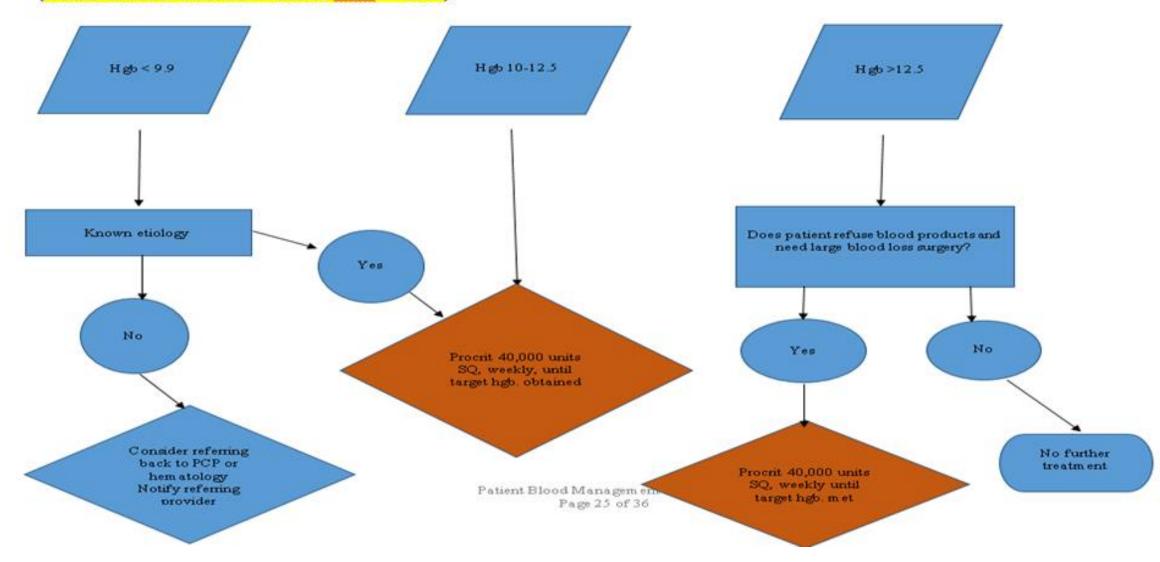
The more iron the better? Maybe not

		Iron bioa	Iron bioavailability		Iron status					
Fe dose (mg)	Day	Fractional Fe absorption (%)*	Fe absorbed (mg)*	PHep (nM)*	Plasma Fe (μg/mL)†	Transferrin saturation (%)†	PF (μg/L)*	sTfR (mg/L)†	Body iron stores (mg/kg BW)†	
40 1 2 9 10 23	1	NA	NA	0.30 (0.12-0.48)	0.63 (0.34)	20.9 (15.1)	10.0 (3.4-21.8)	8.2 (4.2)	-0.05 (3.7)	
	2	22.7 (14.7-57.1)	9.1 (5.8-22.8)	0.35 (0.11-0.77)	0.55 (0.35)	16.5 (11.7)	9.1 (4.9-25.4)	8.4 (3.8)	-0.8 (3.7)	
	9	19.4 (15.8-22.9)	7.8 (6.3-9.2)	0.59 (0.19-4.6)	0.67 (0.61)	21.3 (24.6)	10.3 (5.1-40.8)	7.1 (3.2)	0.11 (4.1)	
	10	16.7 (11.8-20.7)‡	6.7 (4.7-8.3)‡	0.45 (0.05-4.3)	0.60 (0.4)	18.6 (16.3)	15 (8.4-51.6)	7.8 (3.5)	1.2 (3.6)	
	23	NA	NA	ND	ND	ND	7.7 (4.2-20.1)	5.6 (1.9)	-0.64 (2.4)	
	1	NA	NA	0.93 (0.1-3.7)	1.2 (1.1)	29.8 (12.8)	19.4 (6.0-38.4)	4.8 (1.7)	3.5 (3.5)	
	2	19.0 (10.5-30.9)	15.2 (8.4-24.7)	0.90 (0.40-2.2)	0.80 (0.40)	21.3 (8.4)	17.7 (6.0-43.6)	4.8 (1.6)	3.5 (3.4)	
	9	18.2 (8.5-26.0)	14.6 (8.5-26.0)	1.1 (0.62-2.1)	0.75 (0.41)	20.9 (9.6)	17.7 (6.5-51.1)	4.5 (2.5)	3.6 (3.4)	
	10	11.7 (8.4-24.7)§	9.3 (4.8-12.4)§	2.1 (0.98-5.1)¶	0.96 (0.60)	23.5 (12.5)	33 (24.1-55.0)	3.9 (1.7)	5.3 (2.7)	
	23	NA	NA	ND	ND	ND	15.2 (7.2-68.3)	2.9 (1.5)	4.8 (3.7)	
2 9 10	1	NA	NA	0.93 (0.1-4.21)	5.4 (9.3)	29.5 (9.5)	21.4 (8.8-39.9)	4.6 (1.4)	4.1 (3.1)	
	2	15.9 (11.1-26.8)	25.4 (17.8-42.9)	0.95 (0.15-3.8)	0.79 (1.4)	23.2 (12.3)	20.4 (5.8-63.1)	4.8 (1.4)	3.8 (3.0)	
	9	14.2 (6.1-48.3)	22.7 (9.7-77.4)	0.50 (0.20-1.3)	0.84 (0.80)	24.3 (5.8)	16.6 (7.2-34.9)	4.8 (1.0)	3.1 (1.9)	
	10	9.7 (7.1-22.4)	15.6 (11.3-35.9)∥	1.56 (0.90-5.8)#	0.89 (0.81)	25.9 (10.2)	42.1 (6.8-172)#	4.6 (1.0)	5.8 (3.3)**	
	23	NA	NA	ND	ND	ND	17.5 (10.5-22.0)	3.5 (1.0)	4.4 (1.3)	
240	1	NA	NA	1.0 (0.1-2.4)	0.85 (0.41)	22.1 (12.6)	16.1 (10.5-23.3)	5.8 (1.7)	2.3(2.1)	
	2	13.0 (7.1-39.3)	31.1 (17.0-94.3)	0.95 (0.40-4.1)	0.57 (0.22)	15.2 (5.0)	16.1 (12.2-28.3)	6.0 (1.9)	2.3 (2.1)	
	9	14.8 (7.4-42.6)	35.5 (17.9-102.3)	0.88 (0.23-5.6)	0.54 (0.13)	13.5 (3.0)	21.9 (16.5-30.5)	5.8 (1.7)	3.3 (1.9)	
	10	7.5 (3.6-21.4)‡	18.1 (8.6-51.5)‡	3.4 (0.83-13.7)‡	0.56 (0.3)	16.4 (12.4)	33.4 (19.3-73.0)	5.2 (1.6)	2.3 (1.7)	
	23	NA	NA	ND	ND	ND	14.7 (10-33.3)	3.7 (1.5)	3.8 (2.5)	

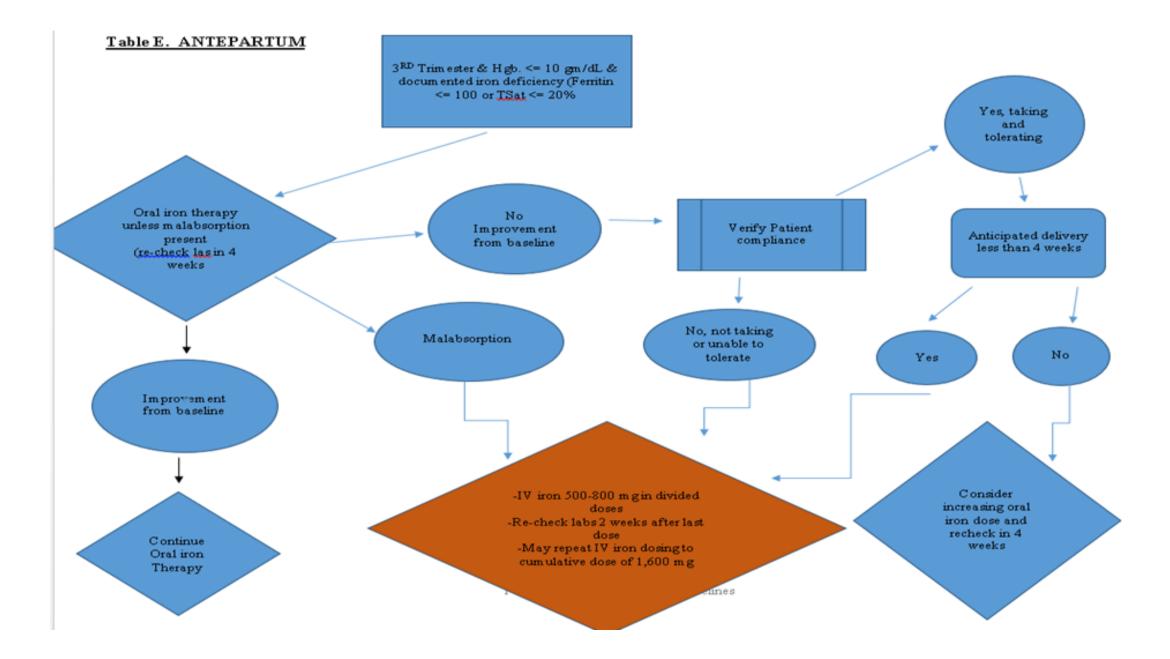
Table 1. Iron absorption and iron status markers with increasing oral doses of FeSO₄ in young women (study 1)

Blood Oct 2015, 126 (17) 1981-1989

<u>Table C. ADULT</u> Epoetin Alfa (Procrit) Pre-surgical (OUTPATIENT) (NOTE: Ferritin must be >= 100 & <u>TSat</u> >= 20%)



Tolich D "Guidelines and algorithms." Preoperative Anemia Management, Bethesda: AABB Press, 2019, 31-35. Print



Tolich D "Guidelines and algorithms." Preoperative Anemia Management, Bethesda: AABB Press, 2019, 31-35. Print

Key Points

- Starting oral iron as soon as anemia identified saves \$\$ and easy fix except in heavy and constant blood loss
- Ideal time frame for treatment is at least six weeks IV iron can take up to six weeks before maximum hemoglobin production realized
- Have seen an increase of up to a gram increase after 1-2 doses.
- Optimizing iron stores also enhances post op recovery from intraoperative blood loss, so getting iron is a benefit whether given in enough time to see significant anemia correction or not
- For PSO to have maximum impact and value to the organization and patients, the workflow needs to be globally hardwired into the existing preoperative workflows.
- The blood management bandwidth and capture represents a very small and limited volume. For example in colorectal surgery, 35% of the patient population meet criteria based upon hemoglobin alone, another 20-30% are iron deficient w/o anemia.



McCoy K. "Blood Management OB.GYN." 2019, PowerPoint file

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